

INTRODUCTION

Beauty is the quality of a person or a thing that evokes feelings of ecstasy, admiration or pleasure through the senses. The pursuit of beauty has increasingly become a desire among women and men. Rhinomodulation has become the state-of-the-art approach for achieving excellent results in profileplasty. In a subjective facial evaluation study conducted by Reis in 2006, it was concluded that among aesthetically displeasing individuals, the nose was the most frequently blamed element for the unaesthetic appearance. The height of the nasal bridge is crucial in forming an impression of an individual's profile. Non-surgical rhinoplasty with high density hyaluronic acid is an excellent option for clients who desires beautiful results without undergoing surgical procedures. Mastering techniques for changing and improving individuals' facial perception, particularly when analyzing the face from a lateral and frontal view, is crucial for professionals. This poster will provide important information for those seeking excellence and results in their professional performance.

TECHNIQUE DESCRIPTION

Pre-Operative

Botulinum toxin application: The application of type A botulinum toxin can be performed fifteen days prior to the surgical procedure to make it difficult or prevent the procerus, corrugator supercillii, and transverse nasal muscles muscles from displacing the filler material after it is deposited. **Medication prescription:** Dexamethasone 4 mg: 2 tablets before bedtime (the night before) + 2 tablets two hours before the procedure. **Local anesthetic block:** This ensures that the anterior nasal spine and columella areas can be approached with ease and total comfort for the patient. For this block, it is recommended to use 2 cc (1cc per side) of 2% lidocaine with a vasoconstrictor in a 20 cc vial, a disposable plastic syringe of 3 cc, a 22G needle for aspiration of the anesthetic solution, and a 30G needle for injection over periosteum to the relevant foramen. In our opinion, the anesthetic block should not be performed on the infra-trochlear nerve and the external nasal nerve (responsible for the remaining sensitivity of the nasal pyramid). Because it can alter the dimensions of the nose due to the volume of the solution, causing the operator to lose the dimensional reference of the organ to be shaped.

Step 1



COLLUMELAR BASE
Patient seated
24 G needle
Justaperiosteal
Negative aspiration
Slow Injection (Bolus)
Maximum 0.2cc

Step 2



COLLUMELA
Patient seated
24 G Needle
Introduction at the apex of columella
Advance through columella until insert the hole
needle
Slow retro injection
Maximum 0.3cc

Step 3



RADIX / SUPRA HUMP
Patient seated
Cannule 23 G x 50 mm
Insertion in columella's apex
(Infratip - same spot from columella)
Run through the dorsum
Bolus in contact to periosteum
Slow injection
Maximum 0.15cc

Step 4



DORSUM
Patient seated
Cannula 23 G x 50 mm
Puncture at the apex of the columella
(Infratip - same place as the needle hole in the columella)
Bolus below hump
Slow injection
Maximum 0.10cc

Step 5



APEX / TIP
Patient seated
Cannula 23 G x 50 mm
Puncture at the apex of the columella
(Infratip - same place as the needle hole in the columella)
Micro Bolus at the apex
Slow injection
Maximum 0.10 cc

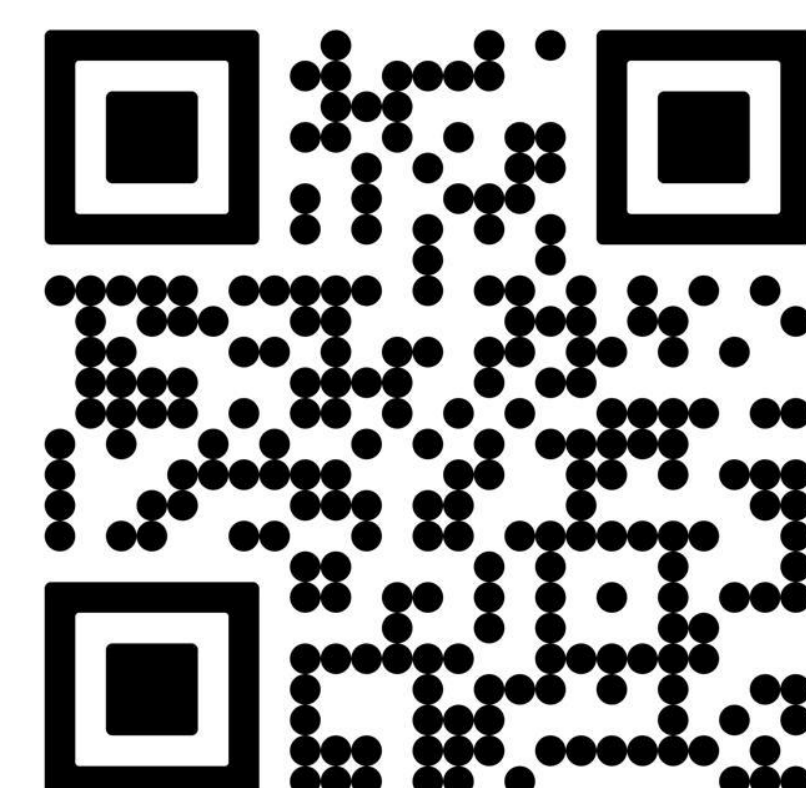
RESULTS



CONCLUSION

Harmony is balance. No structure should attract more attention than another in a face that pleases the eyes. Well-performed rhinomodulations harmonize the face. The Leandro Rago method is a safe technique using high density fillers that enables professionals who execute it with precision to achieve excellent results. It is a technique that, through studies and years of work, has made it possible to tangibly and safely change the lives and self-esteem of patients. The combination of excellent clinical knowledge, sound theory, and above all, technique who ensures extraordinary results.

REFERENCES



VIDEO

